



# M. De Armas

Centro de Estética

## MASSAGE RITUALS

**Stress relief massage** – Relaxing aromatherapy massage. Melt away built-up tension with this massage that uses smooth and progressive pressure techniques.

55min – 40€

**Candle massage** – Indulge in a multi-sensory aromatherapy ritual with a massage to heighten emotions and envelop your senses.

55min – 50€

**Stone massage** – Holistic massage using hands as well as hot and cold stones (obsidian and onyx) with aromatic essences. This treatment will help your body regain physical and emotional balance. A unique sense of well-being.

55min – 50€

**Sport massage** – Intense and deep massage to relax and stretch out your muscles, melting away tension. Especially recommended for athletes to enhance performance.

55min – 50€

**Lymphatic drainage** – Gentle massage that uses pumping techniques to stimulate circulation and enhance the lymphatic system, eliminating toxins from the body. Recommended for people who suffer from fluid retention and tired legs. Essential in slimming or anti-cellulite treatments.

55min – 50€

**Swedish massage** – combines classic massage techniques with stretching of all the body's muscles. Massage sensations, combined with aromatherapy and music therapy, will leave you fully energized. All these elements merge to guarantee the well-being and relaxation that you need.

55min – 50€



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## **BODY RITUALS**

**Special 3-day gold program** – Rejuvenating treatment for face and body that combines the latest technology with the most incredible relaxation environment.

Day 1 – Facial cleansing and vitamin treatment (60min).

Day 2 – Body peeling and wrap with marine gold (60min).

Day 3 – Rejuvenating facial and Timexpert expert (60min).

200€

**Gold Ritual** - Exclusive treatment that envelops your skin in a subtle golden veil, rejuvenating, radiating and hydrating it thanks to the benefits of the gold. Prevents the ageing effect of the skin.

Peeling + wrap – 60min - 70€

Complete with facial and mask – 120min - 90€

**Pearl Ritual** - Exquisite innovative facial and body therapy to hydrate and nourishing the skin. An authentic spa experience to ensure total well-being. Flashes of light scattered over your body, the properties of pearl on your skin. Glamour at your fingertips.

Peeling + wrap – 60min - 60€

Complete with facial and mask – 120min 90€

**Vitamin C** – the perfect treatment to restore skin tone. Vitamin C activates the production of collagen, which enhances skin firmness. Its antioxidant properties help reduce the visible signs of ageing and protect skin from sun damage. Peeling + wrap + massage.

90min – 90€

**Aloe and mint ritual** - Our specialty is a combination of rhythmic and sensitive touches with mint and pure liquid aloe. This massage is perfect for relaxation. You will receive an invigorating scalp massage. Ideal for soothing and moisturising the skin after sun exposure.

50min – 60€



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**Diamond ritual** – Experience the sense of distinctive glamour. This exotic anti-ageing therapy gives your body an incredible diamond shine. It restores the skin's elasticity thanks to the peeling effect of diamond dust and micronized iron, coupled with the moisturizing action of myrrh. A unique sensation that your skin will appreciate.

Peeling + wrap = 90min – 70€

Massage = 50min – 50€

**Muscle stretch-out ritual** – Relax overstressed muscles to improve function in the affected areas with massage and self-heating marine mud.

50min – 60€

## **FACIAL BEAUTY RITUALS**

### **3 day facial**

1st. Day – Special scrub for delicate skin

2<sup>nd</sup>. Day – Vitamin elixir and mask

3th. day – Timexpert antiwrinkle program

160€

**Express facial** – A quick and effective flash treatment that gives to your skin a shot of refreshing and enhancing vitamins and minerals.

25min – 35€

**Deep cleanse** – Deep cleansing facial with specific products to penetrate the skin's deepest layers. Recommended as pre-treatment.

55min – 45€

**Oxygen therapy** – Oxygen is one of life's five essential elements, providing energy to cells and ensuring proper function of the entire system.

55min – 60€



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**Vitamin C** – Activates the production of collagen, which enhances skin firmness. Its antioxidant properties help reduce the visible signs of ageing and protect skin from sun damage.

55min – 60€

**Just for men** – Treatment especially designed for men's skin. Cleanses and removes all impurities whilst a relaxing massage releases tension from the face and mind, restoring vitality to the skin.

55min – 55€

## **AESTHETICS AND UNISEX HAIRDRESSER**

Manicure 15€ - Permanent nail manicure 25€

Pedicure with peeling + massage 30€ + nail permanent 40€

Waxing for ladies and men

**Unisex hairdressing service** – haircut, colour, highlights, keratin treatment, etc.

